



# THE SAFEST WAY TO CELEBRATE THIS holiday season



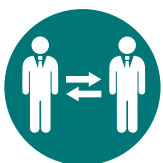
The safest way to celebrate this holiday season is to get together virtually or limit your celebration to those who live in your same household.

Nevertheless, if you still wish to celebrate by physically spending time around other people, a small gathering is best. Please consider that the size of the party, as well as the health measures taken by participants, will influence the risk of spreading the coronavirus.



## FOLLOW THE TIPS BELOW TO DECREASE THE CHANCES OF THE VIRUS CONTINUING TO SPREAD:

- Wear a mask over your nose and mouth and secure it under your chin.
- Stay at least six feet away from people who don't live in your household.
- Wash your hands frequently with soap and water for a minimum of 20 seconds.
- Keep hand sanitizer with you and use it after touching communal surfaces.
- Eat and drink from your own cups, plates and utensils.



## IF YOU DECIDE IN FAVOR OF GOING TO AN IN-PERSON GET-TOGETHER:

- Bring your own food and drink.
- Celebrate outdoors; it's safer.
- If the party is indoors, good ventilation should be ensured.
- Single-use options (such as dressing or condiment packets) are ideal for this situation.



## IF THE GET-TOGETHER WILL BE IN YOUR HOME:

- Limit the number of guests to only family or a few friends from your community.
- Clean and disinfect items between use.
- Have just one person serving the food.



## CONSIDER OTHER ACTIVITIES:

- Enjoy a virtual family reunion via webcam or phone cam.
- Plan a recipe-sharing virtual festivity.
- Get household members excited about a double-feature or some series' full season.
- Shop online or use a contactless pick-up service.

**FOR MORE INFORMATION CALL US AT:  
844-212-9858 (Libre de cargos) (TTY: 711).**

Our goal is to help you stay safe, active and healthy.



**MMM**  
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